

Parkinsons & Movement Disorders Center of Maryland

Cervical Dystonia Questionnaire

Name: _____ Date: ____/____/____

1. Severity of Pain

Rate the Severity of neck pain during the last week, on a scale of 0-10, where a score of 1 represents a minimal ache and 10 represents the most excruciating pain imaginable.

0 1 2 3 4 5 6 7 8 9 10

2. Duration of Pain (rate the duration of neck pain)

- 0 - none, 1 - < 10% of the time, 2 - 10 - <25% of the time, 3 - 25 - <50% of the time, 4 - 50 - <75% of the time, 5 - > 75% of the time

3. Disability due to Pain (the degree to which pain contributes to disability)

- 0 - No limitation or interference from pain, 1 - Pain is quite bothersome, but not a source of disability, 2 - Pain definitely interferes with some tasks, but is not a major contributor to disability, 3 - Pain accounts for some (less than half) but not all disability, 4 - Pain is a major source of difficulty with activities; separate from this, head pulling is also a source of some (less than half) disability, 5 - Pain is a major source of disability; without it, most impaired activities could be performed quite satisfactorily despite the head pulling.

4. Work (occupation or housework/home management)

- 0 - No difficulty, 1 - Normal work expectations with satisfactory performance at usual level of occupation, but some interference by cervical dystonia, 2 - Most activities unlimited; selected activities very difficult and hampered, but still possible with satisfactory performance, 3 - Working at lower than usual occupational level; most activities hampered; all possible but less than satisfactory performance in some activities, 4 - Unable to engage in voluntary or gainful employment; still able to perform some domestic responsibilities satisfactorily, 5 - Marginal or no ability to perform domestic responsibilities

5. Activities of daily living (eq, eating, dressing, hygiene including washing, shaving, applying make-up, etc)

- 0 - No difficulty with any activity, 1 - Activities unlimited, but some interference by cervical dystonia, 2 - Most activities unlimited; selected activities very difficult and hampered, but still possible using simple tricks, 3 - Most activities hampered or laborious but still possible; may use extreme tricks, 4 - All activities impaired; some impossible or require assistance, 5 - Dependent on others in most self-care tasks

6. Driving

- 0 - No difficulty (or has never driven a car), 1 - Unlimited ability to drive, but bothered by torticollis

- 2 - Unlimited ability to drive, but requires tricks (including touching or holding face, holding head against headrest) to control cervical dystonia, 3 - Can drive only short distances, 4 - Usually cannot drive because of cervical dystonia, 5 - Unable to drive and cannot ride in a car for long stretches as a passenger because of cervical dystonia

7. Reading

- 0 - No difficulty, 1 - Unlimited ability to read in normal seated position, but bothered by cervical dystonia, 2 - Unlimited ability to read in normal seated position, but requires use of tricks to control cervical dystonia, 3 - Unlimited ability to read, but requires extensive measures to control cervical dystonia or only able to read in non-seated position (eq, lying down), 4 - Limited ability to read because of cervical dystonia despite use of tricks, 5 - Unable to read more than a few sentences because of cervical dystonia

8. Television

- 0 - No difficulty, 1 - Unlimited ability to watch television in normal seated position but bothered by cervical dystonia, 2 - Unlimited ability to watch television in normal seated position but requires use of tricks to control cervical dystonia, 3 - Unlimited ability to watch television, but requires extensive measures to control cervical dystonia, or only able to watch in non-seated, 4 - Limited ability to watch television because of cervical dystonia, unable to watch television for more than a few minutes because of cervical dystonia

9. Activities Outside the Home

- 0 - No difficulty, 1 - Unlimited activities but bothered by cervical dystonia, 2 - Unlimited activities, but requires use of simple tricks to accomplish them, 3 - Only accomplishes activities when accompanied by others because of cervical dystonia, 4 - Limited activities outside the home; certain activities impossible or given up due to cervical dystonia, 5 - Rarely, if ever, engages in activities outside the home

10. Embarrassment

- 0 - Any limitation listed is entirely due to social embarrassment (or rating for section F is 0, whether embarrassment is present or not), 1 - Social embarrassment is a large factor in limitations; however, severity of neck movement and posture does limit function, 2 - Social embarrassment is a small but definite source of limited activities, 3 - Social embarrassment does not contribute to limitations, although it may be present