

**Parkinsons & Movement Disorders Center of Maryland**  
**Affiliated with the American Parkinson's Disease Association through Johns Hopkins University**

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Patient Name: \_\_\_\_\_

**Mysoline (Primidine) to treat Essential Tremor: Information, dosing and diary**

Mysoline is effective treatment for essential tremor. It is a drug used in individuals with seizure disorders. The most common side effects are vertigo and unsteadiness which tend to disappear with continued therapy. There is occasional nausea, loss of appetite, vomiting, fatigue as well as other symptoms. In order to avoid these side effects, the dose is gradually increased using initially 50 mg tablets. Call if you have any side effect which you are concerned about. Follow the schedule below and make comments as required. Fill in the small squares after each day.

	<b>7AM</b>	<b>Noon</b>	<b>5pm</b>	
1[]			—	
2[]			—	
3[]			—	
4[]	—		—	
5[]	—		—	
6[]	—		—	
7[]	—		—	
8[]	—	—	—	
9[]	—	—	—	
10[]	—	—	1	
11[]	—	—	1	
12[]	—	—	1	
13[]	1	—	1	
14[]	1	—	1	
15[]	1	—	1	
16[]	1	1	1	
17[]	1	1	1	
18[]	1	1	1	
19[]	1	1	1	
20[]	1	1	1	
21[]	1	1	1	—
22[]	1	1	1	—
23[]	1	1	1	—
24[]	1	1	1	—
25[]	1	1	1	—
26[]	1	1	1	—
27[]	1	1	1	—
28[]	1	1	1	—
29[]	2	2	2	
30[]	2	2	2	
31[]	2	2	2	
32[]	2	2	3	
33[]	2	2	3	
34[]	2	2	3	
35[]	3	2	3	
36[]	3	2	3	
37[]	3	2	3	

38[]	3	3	3	
39[]	3	3	3	
40[]	3	3	3	
41[]	3	3	3	
42[]	3	3	4	
43[]	3	3	4	
44[]	3	3	4	
45[]	4	3	4	
46[]	4	3	4	
47[]	4	3	4	
48[]	4	4	4	
49[]	4	4	4	
50[]	4	4	4	
51[]	4	4	4	
52[]	4	4	5	
53[]	4	4	5	
54[]	5	4	5	
55[]	5	4	5	
56[]	5	5	5	