

Cervical Dystonia Questionnaire

Name: _____

Date: _____

1. Severity of Pain

Rate the severity of neck pain during the last week, on a scale of 0-10, where a score of 1 represents a minimal ache and 10 represents the most excruciating pain imaginable.

Worst 0 1 2 3 4 5 6 7 8 9 10

Average 0 1 2 3 4 5 6 7 8 9 10

Least 0 1 2 3 4 5 6 7 8 9 10

2. Duration of Pain (rate the duration of neck pain)

0- None

1- Present < 10% of the time

2- Present 10- <25% of the time

3- Present 25-< 50% of the time

4- Present 50- <75% of the time

5- Present > 75% of the time

3. Disability Due to Pain (the degree to which pain contributes to disability)

0- No limitation or interference from pain

1- Pain is quite bothersome, but not a source of disability

2- Pain definitely interferes with some tasks, but in not a major contributor to disability

3- Pain accounts for some (less than half) but not all disability

4- Pain is a major source of difficulty with activities; separate from this, head pulling is also a source of some (less than half) disability

5- Pain is a major source of disability; without it, most impaired activities could be performed quite satisfactorily despite the head pulling.

4. Work (occupation or housework/home management)

0- No difficulty

1- Normal work expectations with satisfactory performance at usual level of occupation, but some interference by cervical dystonia

2- Most activities unlimited; selected activities very difficult and hampered, but still possible with satisfactory performance

3- Working at lower than usual occupational level; most activities hampered; all possible but less than satisfactory performance in some activities

4- Unable to engage in voluntary or gainful employment; still able to perform some domestic responsibilities satisfactorily

5- Marginal or no ability to perform domestic responsibilities

5. Activities of Daily Living (ex. eating, dressing, hygiene including washing, shaving, and applying make-up)

0- No difficulty with any activity

1- Activities unlimited, but some interference by cervical dystonia

2- Most activities unlimited; selected activities very difficult and hampered, but still possible using simple tricks

3- Most activities hampered or laborious but still possible; may use extreme tricks

4- All activities impaired; some impossible or require assistance

5- Dependent on others in most self-care tasks

6. Driving

0- No difficulty (or has never driven a car)

1- Unlimited ability to drive, but bothered by torticollis

2- Unlimited ability to drive, but requires tricks (including touching or holding face, holding head against headrest) to control cervical dystonia

3- Can drive only short distances

4- Usually cannot drive because of cervical dystonia

5- Unable to drive and cannot ride in a car for long stretches as a passenger because of cervical dystonia

7. Reading

0- No difficulty

1- Unlimited ability to read in normal seated position, but bothered by cervical dystonia

2- Unlimited ability to read in normal seated position, but requires use of tricks to control cervical dystonia

3- Unlimited ability to read, but requires extensive measures to control cervical dystonia or only able to read in non-seated position (ex. lying down)

4- Limited ability to read because of cervical dystonia despite use of tricks

5- Unable to read more than a few sentences because of cervical dystonia

8. Television

0- No difficulty

1- Unlimited ability to watch television in normal seated position but bothered by cervical dystonia

2- Unlimited ability to watch television in normal seated position but requires use of tricks to control cervical dystonia

3- Unlimited ability to watch television, but requires extensive measures to control cervical dystonia or only able to watch in non-seated position

4- Limited ability to watch television because of cervical dystonia. Unable to watch television for more than a few minutes because of cervical dystonia

5- Unable to watch television more than a few minutes because of cervical dystonia

9. Activities Outside the Home

0- No difficulty

1- Unlimited activities but bothered by cervical dystonia

2- Unlimited activities, but requires use of simple tricks to accomplish them

3- Only accomplishes activities when accompanied by others because of cervical dystonia

4- Limited activities outside the home; certain activities impossible or given up due to cervical dystonia

5- Rarely, if ever, engages in activities outside the home